



*"Where Healing Meets Hope"*  
Serving North Carolina & South Carolina  
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## **GOOD FAITH ESTIMATE (No Surprises Act)**

### **What Is a Good Faith Estimate?**

Under the No Surprises Act, health care providers are required to provide individuals who are not using insurance (self-pay or uninsured) with a Good Faith Estimate of expected charges for services. This notice is intended to help you understand potential costs of care before services begin.

### **Who This Applies To?**

This notice applies to:

- Clients who are self-pay
- Clients who choose not to use insurance
- Clients whose services are not covered by their insurance plan

If you plan to use insurance, your costs may differ based on your specific plan benefits.

### **Typical Services & Estimated Costs**

Actual services and fees may vary depending on clinical needs and treatment frequency.

Common Services May Include:

- Initial diagnostic assessment
- Individual therapy sessions
- Couples or family therapy
- Group therapy

### **Estimated self-pay rates typically range from:**

\$135 - \$ 150 per session

*A personalized Good Faith Estimate can be provided upon request.*

**Important Things to Know**

- This is not a bill
- This is not a contract
- This is not a guarantee of total charges

**Your total cost may change based on:**

- Length of treatment
- Frequency of sessions
- Clinical recommendations
- Additional services requested

**Your Rights Under the No Surprises Act**

If you receive a bill that is \$400 or higher than your Good Faith Estimate, you have the right to dispute the bill. To learn more or start a dispute:

Visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises)

Call 1-800-985-3059

**Questions or Requests**

You may request a personalized Good Faith Estimate before starting services or at any time by contacting:

Envisions Counseling, PLLC

Phone: (980)497-7956

Email: [Info@envisionscounselingpllc.com](mailto:Info@envisionscounselingpllc.com)

This notice is provided in compliance with the No Surprises Act to promote transparency and informed decision-making.