



“Where Healing Meets Hope”
Serving North Carolina & South Carolina
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GOOD FAITH ESTIMATE (No Surprises Act)

What Is a Good Faith Estimate?

Under the No Surprises Act, health care providers are required to provide individuals who are not using insurance (self-pay or uninsured) with a Good Faith Estimate of expected charges for services. This notice is intended to help you understand potential costs of care before services begin.

Who This Applies To?

This notice applies to:

- Clients who are self-pay
- Clients who choose not to use insurance
- Clients whose services are not covered by their insurance plan

If you plan to use insurance, your costs may differ based on your specific plan benefits.

Typical Services & Estimated Costs

Actual services and fees may vary depending on clinical needs and treatment frequency.

Common Services May Include:

- Initial diagnostic assessment
- Individual therapy sessions
- Couples or family therapy
- Group therapy

Estimated self-pay rates typically range from:

\$135 - \$ 150 per session

A personalized Good Faith Estimate can be provided upon request.

Important Things to Know

- This is not a bill
- This is not a contract
- This is not a guarantee of total charges

Your total cost may change based on:

- Length of treatment
- Frequency of sessions
- Clinical recommendations
- Additional services requested

Your Rights Under the No Surprises Act

If you receive a bill that is \$400 or higher than your Good Faith Estimate, you have the right to dispute the bill. To learn more or start a dispute:

Visit www.cms.gov/nosurprises

Call 1-800-985-3059

Questions or Requests

You may request a personalized Good Faith Estimate before starting services or at any time by contacting:

Envisions Counseling, PLLC

Phone: (980)497-7956

Email: Info@envisionscounselingllc.com

This notice is provided in compliance with the No Surprises Act to promote transparency and informed decision-making.